

POLISH POLKA MAZURKA (Continued)

at the same time taking waist turning position.) Man steps left, right, left--girl steps right, left, right (leaning away). Man steps right (accenting step and holds 3 cts.) Girl steps left (accented, 3 cts.) and faces man in original position.

KOLOMEYKA

Music: Kismet A-115.

Formation: Couples in a square formation.

1. Partners join hands shoulder height. Using Kolomeyka step, couples move counterclockwise around the square using a "push pull" action as they progress in the line of direction. (Kolomeyka step: leap forward R, bring the L ft. up to the R, rise on toes and heels sink.)
2. Chorus in Hungarian turn position. Partners turn with hop, step, step turn R seven measures and take a break step (L, R, L). Repeat hop, step, step turn with L hips adjacent. (Hop, step, step: With a lifting movement "as if taking off from a springboard" hop on the R ft., step fwd. on the L ft. and step fwd. on the R ft. The hop on the R ft. comes with the up-beat.)
3. Partners facing in a single circle, with hands on hips, palms down, fingers forward. Each dancer performs a zigzag pattern using the Kolomeyka step moving alternately to the R and L. End with Kolomeyka turn both ways.
4. Squat step for M, push step for W. Square forms single circle formation. The M has his back to the center of the square, his L hand behind his neck with his R hand extended. The W faces the center of the square with her R hand behind her neck and her L hand extended.  
M's squat step: While moving forward the M assumes squatting position with weight on his R ft., M comes to standing position flinging L ft. forward. Continue 3 times in all (6 cts.)  
Stepping on R ft. M swings L ft. through with a fling at the same time bringing his R hand to his neck and extending his L hand forward. M repeats the above pattern 4 times in all. (16 Meas.)  
W's step: With her R hand behind her neck and her L hand extended the W takes 7 push steps progressing around the circle. On the "ct. 7 and" the W takes a half turn L away from the center of the circle and continues with the push step turning toward the center on "ct. 7 and". Continue completing 4 patterns in all in 16 meas.
5. Chorus step. Repeat step 2.
6. With hands on hips dancers perform the Kolomeyka step alternately L and R at the same time moving slightly toward the center of their square to form the basket. The basket moves L with the hop-step-step pattern, hopping on the R ft. End with break step.



KOLOMEYKA (Continued)

Repeat the basket figure to the R using hop-step-step figure hopping on the L ft. Note: No Kolomeyka turn with partner following this figure.

7. W slowly form circle joining hands and face counterclockwise, using Kolomeyka step while forming circle. M dance in place while W form circle moving slightly forward to place R hands on the joined hands of their corner W and partner. Each M faces his corner W.  
M's step: With L arm extended to the side M executes three squat steps alternately squatting and flinging L leg forward. The L hand is flung forward at the same time as the extension of the L leg. The M completes his pattern with a break step in place.  
W's step: Move backward with 7 short kicking steps and end with break step. Without dropping hands W reverse direction moving backward counterclockwise using short kicking steps completing 8 in all. The M repeats his squat steps with his L hand placed on the joined hands of his partner and corner W.
8. Chorus. Repeat step 2.
9. Using push-pull Kolomeyka step each square leads to a longways position with the M and W alternating.
10. While dancers perform the Kolomeyka step in place they alternately thrust joined hands upward and downward. All hands go up at the same time.
11. In groups of 4 dancers form basket and circle L with hop-step-step pattern followed by break step. Repeat basket to the R.
12. Chorus. Repeat figure 2.
13. With push-pull Kolomeyka step partners dance informally off the floor.

RUFTY TUFTY (English)

Music: Record: Ruffy Tufty, His Master's Voice, Victor

Piano: English Country Dance, Cecil J. Sharp

Formation: Two couples facing

1. Couples move fwd. and back a double. (Running step) Repeat.
2. Partners set and turn single. Repeat.
3. Couples make a half-turn to face outward. M with their left hands lead their partner away from the opposite couple and turn around and lead them with right hands back to place with a double. All turn single.
4. M with right hand leads his opposite in outward direction and with his left hand leads her with a double back to place. All turn single.
5. Partners side and turn single.